



Preparation Cystoscopy

There are no restrictions of diet, fluid or medication for this exam. If you have a prosthesis of any sort you should seek medication prior to the procedure per your Orthopedist's or Cardiologist's instructions. If you need an antibiotic we will be happy to provide you with a prescription.

Description of Cystoscopy Procedure

Cystoscopy is a procedure that is used to visually inspect the bladder and the urethra (tube leading out of the bladder). This can be done in most instances without discomfort by the use of local anesthetic jelly (not a shot). You will be placed on a special table with your legs in stirrups. The end of the urinary channel (or urethra) will be cleansed and a local anesthetic placed in the urinary channel for a few minutes. The Cystoscope (or telescope) is passed into the bladder and the inspection is carried out. The entire exam takes less than 10 minutes. Afterwards you may expect a little discomfort with voiding and perhaps a spot of blood for a day or two. A warm bath may help to relieve this irritation and will wash away the soap used to prep the area. You may receive some antibiotics for a few days afterwards. Please do not hesitate to ask if you have any questions.

Possible Risks of Cystoscopy

After this type of procedure there is a small risk of infection. If new symptoms of burning or bleeding occur afterwards, please let your physician know.

This test is performed in Suite P in the building next door to our main office in Princeton. Follow the sidewalk that runs between the two buildings to the door marked Suite R/P, we are to the right as you enter.