

**UROLOGY GROUP OF PRINCETON
FORRESTAL VILLAGE
134 STANHOPE STREET
PRINCETON, NEW JERSEY 08540
609-924-6487**

You have been scheduled for a Bladder Ultrasound with Pre and Post Void.

Preparation for Bladder Ultrasound:

One hour prior to your scheduled appointment, you need to drink 30 oz. of water within a 20 minute time frame.

Start drinking at: _____

Finish drinking at: _____

Your test is at: _____

This will ensure a successful study. If you cannot drink and hold off urinating, you may come to the office one hour early and start drinking here.

****After you finish drinking, please do not void****

Description of Sonogram of the Bladder with Pre and Post Void

A sonogram, ultrasound or echograms are all different names for the same test. Your abdomen will be prepared with a lubricating jelly and a special "flashlight like" probe is placed on the skin. Painless sound waves are directed into the body and, by sonar technology, images of the internal organs are obtained as the sound waves bounce back into the probe. This study is totally pain free and non-invasive, yet gives your physician important information regarding the possible presence of stones, masses, cysts, or other abnormalities. Often a flow study is also performed to assess the force, quality and pattern of the urinary stream. After a flow study a post-void residual can be measured.

A successful and meaningful study requires a full bladder and takes 10 to 20 minutes.