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POST CYSTOSCOPY INSTRUCTIONS

1. You have undergone a cystoscopic procedure, whereby your doctor has examined your lower urinary tract with a special scope called a cystoscope. This was done to evaluate your bladder and urethra (and also your prostate in male patients) for diagnostic and potentially therapeutic purposes as well as to better be able to make recommendations for further treatments.
2. Post procedure, you may experience some burning with urination, as well as some increased frequency and urgency. This typically is transient and self-limited, resolving within the first few hours. Occasionally, this can last up to one to two days, and is not necessarily indicative of anything being wrong. If symptoms seem extraordinary or persist, please contact our office.
3. On occasion, a patient may experience some bleeding post procedure due just to irritation of the cystoscope being passed. This typically is just bleeding at the beginning or end of the urinary stream, and resolves quickly on its own in almost all circumstances. If your bleeding persists or becomes problematic, you should contact our office.
4. You should increase your fluid intake post procedure to try and flush out your system. If any medications are suggested, please take them as prescribed.
5. If you have fever, inability to void, heavy bleeding or other significant problems, please contact our office by calling our office at 609-924-6487 or if after hours, call our emergency number listed on the message (609-957-5087).
6. You will be contacted in approximately 5-10 days regarding laboratory test results (cultures, cytology, etc.) as applicable.