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Preparation for Prostatic Ultrasound with Biopsy

Use a fleet enema one or one and a half before your scheduled appointment. (This depends upon the traveling time to the office).

Take one of the antibiotics tablets provided one hour before the test, and the remainder of the antibiotics afterwards – typically twice daily for 3-4 days.

Aspirin must be discontinued seven days before the testing. If you take any other blood thinning medications (such as Persantine, Motrin, Advil or Coumadin) please call your medical doctor for instructions on discontinuing the medication for the biopsy.

If your procedure is being done away under local anesthesia there are no dietary restrictions. You may eat breakfast or lunch before the testing. If you are having IV sedation (this would have been arranged beforehand), you cannot eat anything after midnight.